## FAQ'S

## DO YOU HAVE TO PAY ANYTHING TO USE THE HEALTH CENTER?

- There is a mandatory student health fee that must be paid when you register for your classes
- There may be small fees associated with certain services or medications.

#### HOW DO YOU GO ABOUT USING THE Health center for the first time?

You can call 714-895-8379 for an appointment, or walk in. You will have forms to fill out digitally before your scheduled appointment.

#### WHAT CAN'T THE HEALTH CENTER PROVIDE?

We cannot treat any long term chronic medical condition, such as asthma, diabetes, hypertension, hormonal replacement, or any condition requiring continued medical attendance.

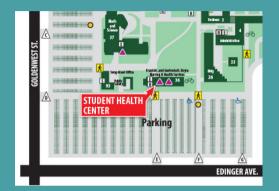
## WHAT HAPPENS IF I GET INJURED ON CAMPUS?

- If it's an emergency, call 911
- Report your injury (instructor/ coach/public safety/student health)
- Your injury may be covered under student insurance. We will administer first aid as needed
- We may refer you to a community clinic or specialist

## **CONTACT US**

15744 Goldenwest Street Huntington Beach, CA 92647

Phone: 714-895-8379 Fax: 714-895-8135 Email: healthcenter@gwc.cccd.edu





# STUDENT HEALTH CENTER



## WE PROVIDE:

- Basic medical care
- Episodic (short term) medical care
- First aid for injuries
- Mental health therapy
- Physical exams
- Laboratory tests
- Women's health
- Medications
- Immunizations
- Contraception
- TB skin testing
- Vision and hearing screening
- Orthopedic supplies
- Social services
- Wellness and health information
- Information on health insurance
- Referrals to community agencies
- Referrals to community health care providers (specialists, primary care, radiology, urgent care, emergency care)

#### WHO MAY USE THE STUDENT HEALTH CENTER?

Golden West College students who:

- Are currently enrolled
- Have paid the GWC student health fee

## **MAKE AN APPOINTMENT**

To make an appointment, or for more information, please call 714-895-8379



### OUR SERVICES ARE CONFIDENTIAL

Professors, parents, administrators and other students do not have access to your health records except when mandated

## MENTAL HEALTH SERVICES

Golden West College Student Health Center offers therapy for students to achieve short-term goals. We have licensed therapists who use brief models of therapy (up to 8 sessions).

#### WE OFFER:

- Individual therapy
- Crisis intervention
- Cognitive Behavioral Therapy
- Motivational Interviewing
- Referral services
- Consultation

# SELF-IMPROVEMENT & WELLNESS SERVICES:

#### HOW TO:

- Make life more fulfilling
- Manage stress
- Increase coping skills
- Achieve life goals
- Improve relationships
- Maximize career potential
- Improve decision-making skills
- Improve time-management skills
- Learn problem-solving skills