

April is

Sexual Assault AWARENESS MONTH

- BUILDING CONNECTED COMMUNITIES -

Building Connected Communities recognizes the power of community in fostering a sense of belonging across diversity, while also being critical in ensuring our communities are safe, inclusive, equitable, and address various forms of oppression and mitigate sexual violence.

| ALL MONTH | CLOTHESLINE PROJECT ONLINE EVENT

The Clothesline Project brings awareness to interpersonal violence and sexual assault. To view the Clothesline Project slideshow, visit <https://tinyurl.com/CCCDVirtualClothesline>. Coast Community College District is in solidarity with survivors.

| TUES., APRIL 2 | SPILL THE TITLE IX TEA-SDAYS

• 11:30 a.m.-12:30 p.m. • OCC Student Union Lobby, GWC Lounge

Join the Title IX Office for brain-tingling trivia to test your knowledge of various topics while enjoying a cup of tea. Save the date for more trivia sessions at Golden West College on April 16 and April 30.

| WED., APRIL 3 | YOUR BODY, YOUR RULES - EVEN ONLINE

• 12-1 p.m. • OCC Student Union 214 (Zoom Option)

Tech-facilitated sexual violence is on the rise. Consent, or the lack thereof, is central to revenge porn (nonconsensual distribution of intimate images), cyberflashing & sextortion. We'll explore the concept of digital bodily autonomy, how consent is treated differently online, and the need to foster a consent-based digital culture on campus and in our relationships. Presented by Adam Dodge at EndTab.

| THURS., APRIL 4 | MOVIES FOR MENTAL HEALTH

• 6-8 p.m. • Zoom

Trauma is a growing mental health concern and often we do not know how to begin our recovery process. Stories through film is a powerful medium to evoke feelings, help us identify with others, and bring healing. Join Mental Health Services and Umoja as we connect with ourselves and others through short films about mental health.

| WED., APRIL 10 | GREEN DOT BYSTANDER TRAINING

• 12-1 p.m. • Zoom

Interested in learning about bystander intervention and how to end power-based personal violence on campus? Join us for a brief overview of the 4 D's, which are choices and actions you make in response to a potentially harmful situation.

| WED., APRIL 10 | YOGA AS HEALING

• 5-6 p.m. • Zoom

Yoga is an empowering practice that prioritizes the lived experience and healing of each survivor. Join us in a trauma informed class that is centered on connecting survivors with community and healing.

| WED., APRIL 17 | THEY CAME FOR TAYLOR SWIFT! EMERGING CHALLENGES TO OUR DIGITAL SAFETY

• 12-1 p.m. • OCC Student Union 214 (Zoom Option)

The online spaces we inhabit consistently manifest emerging threats to our digital safety and well-being - including synthetic nude images, trackers, AI-powered catfishing, and image-based stalking. This session dives into these digital challenges, while offering practical strategies to confidently navigate, avoid and counter these emerging threats to our emotional, physical, and digital well-being. Presented by Adam Dodge at EndTab.

| THURS., APRIL 18 | HEALTHY RELATIONSHIPS

• 5-6 p.m. • Zoom

Communication skills are critical to a healthy relationship. Join us to learn about consent, creating boundaries, and practice communication skills for your dating relationships. Participants will receive safe dating resources.

| WED., APRIL 24 | DENIM DAY

• 12 p.m. • OCC Photo in the Main Quad

The Denim Day campaign hopes to bring awareness to victim blaming and destructive myths that surround rape and sexual violence. Wear jeans with a purpose and meet up for a group photo with others wearing denim.

Or tag @orangeoast @coastline_oc @goldenwestcollege #myjeansprotestviolence #denimday

REGISTRATION LINK

+ Please register at tinyurl.com/CCCDsaam

+ All Zoom links and passcodes will be emailed at least one week prior to each event